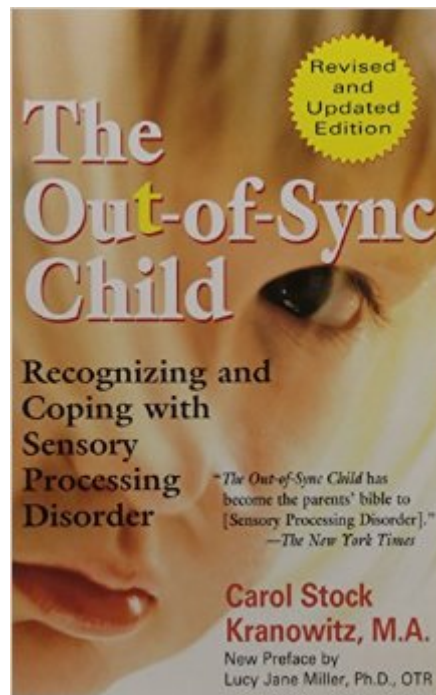


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# The Out-of-Sync Child: Recognizing And Coping With Sensory Processing Disorder



## Synopsis

The groundbreaking book that explains Sensory Processing Disorder (SPD)--and presents a drug-free approach that offers hope for parents--now revised and updated. Does your child exhibit...Over-responsivity--or under-responsivity--to touch or movement? A child with SPD may be a "sensory avoider," withdrawing from touch, refusing to wear certain clothing, avoiding active games--or he may be a "sensory disregarder," needing a jump start to get moving. Over-responsivity--or under-responsivity--to sounds, sights taste, or smell? She may cover her ears or eyes, be a picky eater, or seem oblivious to sensory cues. Cravings for sensation? The "sensory craver" never gets enough of certain sensations, e.g., messy play, spicy food, noisy action, and perpetual movement. Poor sensory discrimination? She may not sense the difference between objects or experiences--unaware of what she's holding unless she looks, and unable to sense when she's falling or how to catch herself. Unusually high or low activity level? The child may be constantly on the go--wearing out everyone around him--or move slowly and tire easily, showing little interest in the world. Problems with posture or motor coordination? He may slouch, move awkwardly, seem careless or accident-prone. These are often the first clues to Sensory Processing Disorder--a common but frequently misdiagnosed problem in which the central nervous system misinterprets messages from the senses. The Out-of-Sync Child offers comprehensive, clear information for parents and professionals--and a drug-free treatment approach for children. This revised edition includes new sections on vision and hearing, picky eaters, and coexisting disorders such as autism and ADHD, among other topics.

## Book Information

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## Customer Reviews

This book was recommended to me by an Occupational Therapist after he evaluated my son through the state. At this point, I had no idea what SI was or that my son had it (also autism diagnosis). Since then, this book has become my primary resource for my son and other children I encounter. I've given copies to every member of my family and to my son's teachers. Why? Because it explains why kids do and act the way they do when they have sensory dysfunction. One thing my son used to do was put his head on the ground to look at toys. He also used to avoid touching paint, glue, playDoh. He couldn't tolerate a playground and even family birthday parties were overwhelming. This book explains all of these things - all of the reasons why my son was acting the way he was. And since then, with the help of an occupational therapist, we've corrected these behaviors. My son is happier than ever. He still has SI, but he knows how to avoid certain situations and he's learning how to adapt to school, parks, the world in general. Carol Stock Kranowitz explains and gives examples of why some kids act out in class, are aggressive, shy, etc. Anyone who is around special needs children will benefit from the knowledge on these pages. It's changed my entire world. Like with anything new, learning the ins and outs of sensory integration takes time. It's not a super easy read and until you're familiar with the terms (tactile, vestibular, proprioception, gravitational insecurity, etc) it takes some getting used to. Don't be turned off by this last sentence, anyone can learn it and understand and then apply the techniques. I'd even recommend this for parents of typical children as everyone can benefit. Here's the parts the book is split into: 1.

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The Everything Parent's Guide to Sensory Processing Disorder: The Information and Treatment Options You Need to Help Your Child with SPD (Everything's® Parents Guide)  
Driven to Distraction (Revised): Recognizing and Coping with Attention Deficit Disorder  
Obsessive Compulsive Disorder: Obsessive Compulsive Disorder OCD Guide To Overcoming Obsessive Compulsive Disorder And Obsessive Compulsive Disorder OCD ... Guide To OCD Treatment And Recovery)  
Anxiety Disorders: The REAL Truth, Causes and Cures. Panic Disorder, Obsessive Compulsive Disorder (OCD), Generalized Anxiety Disorder (GAD), Post-Traumatic Stress Disorder (PTSD), Social Anxiety  
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